

QUATREFOIL

The instructions below work best with the 3cm version (2nd one down).

Petals: White (or another light colour; dark may work as well with light streaks) satin stitch using four strands, slightly slanted, from the outside of the petal to the outside of the circle; then purple (again, other colours will work too) straight stitch "streaks" in the same direction using two strands; about 6 or 7 per petal, in varying lengths.

Flower centre: 8 pink French knots in a circle just inside the line, using four strands and three wraps, then 3 yellow French knots (four strands, three wraps) in a triangle in the centre.

Leaves: Green satin stitch along the (non-existent) vein of the leaf (slightly slanted if necessary) using four strands.

Outline the petals with a single line of couched K4 / #7 Jap or a double line of fine passing (for a smaller flower, use thinner Jap, or a single line of passing thread)

(If using crewel wool instead of stranded silk or cotton, use it as it comes off the skein.)

